



# Creative Workshops Program

Term 4 2024 Monday 14<sup>th</sup> October – Friday 6<sup>th</sup> December 2024

Monday - Friday classes **8 weeks**

Enrolments for all programs open on **Wednesday 18<sup>th</sup> September at 8:00pm** via

<https://www.trybooking.com/CVCKQ>

Visit [www.lepsandc.asn.au/creativeworkshops](http://www.lepsandc.asn.au/creativeworkshops) before the start of the term for any workshop updates and frequently asked questions.

## Tennis

Red • Mon • 8.00am – 9.00am • Yrs. K-2

Red • Mon • 3:20pm - 4:30pm • Yrs. K-2

Orange • Tue • 8.00am – 9.00am • Yrs. 2-3

Orange • Tue • 3:20- 4:30pm • Yrs. 2-3

Red • Wed • 8.00am – 9.00am • Yrs. K-2

Red • Wed • 3:20- 4:30pm • Yrs. K-2

Orange • Thurs • 8.00am – 9.00am • Yrs. 2-3

Red • Thurs • 3:20- 4:30pm • Yrs. K-2

Green • Fri • 8.00 – 9.00am • Yrs. 3-6

Orange • Fri • 3.20-4.30pm • Yrs. 2 -3

**Please note that your child MUST be enrolled at their skill level.**

### [With Evolve Tennis](#)

We are excited to bring the award-winning Evolve Tennis Academy to LEPS. Whether you are picking up a racket for the very first time or you are heading for a national ranking, Evolve Tennis Academy is ready to help you.

*Red Ball* – Ages 5-6 years - PLAY Mini-court with 25% compression ball! The Red Ball Program involves group coaching, team-based events and games designed to improve self-confidence, gross motor skills and the ability to rally in a fun environment.

*Orange Ball* – Ages 7-10 - PLAY 3/4-court with 50% compression ball! The Orange Ball

Program involves group coaching, stroke development, individual and team-based events and games designed to increase self-confidence, rallying ability and challenge tactical development in a fun environment.

*Green Ball* – ONLY FOR EXISTING GREEN BALL PLAYERS Play full-court with 75% compression ball! The Green Ball Program involves group coaching, stroke and tactical development. The program prepares children for competitions and school tennis in a fun environment. Physical and mental components are introduced to the more advanced players through singles and doubles. The program prepares children for competitions, school tennis, tournaments and performance pathway training in a fun environment.

## **\*\*NEW\*\* Inner Glow Yoga**

Mon • 8:00 – 9:00 am • Yrs. 2-6

Tue • 3:20 – 4:30 pm • Yrs. 2-6

### [With Tanya Prischl](#)

New! Welcome to Inner Glow Yoga! Our program is designed to introduce children to the practice of yoga in fun and creative ways.

In each class, we centre on three primary elements: yoga postures, mindful breathing, and relaxation techniques. This term, our attention will be on cultivating strong and confident minds and bodies by focusing on back health and posture.

Join us on this exciting journey as we stretch, breathe and discover the magical world of yoga.

## Public Speaking (\*1.5hr class)

Mon • 3:20 – 5:00 pm\* • Yrs. 3-6

Wed • 3:20 – 5:00 pm\* • Yrs. 1-2

### With Connected Learning

New to LEPS this year, these classes aim to build confidence and develop skills to communicate with impact. Write speeches and compelling stories that engage the audience. Students will learn how to:

- Find their voice, remove nerves and speak with confidence
- Build speeches through a clear structure
- Connect with the audience and get them to like you
- Engage audiences through powerful eye contact techniques
- Structure a story to keep your audience hooked until the end
- Utilise powerful words to create impact
- Use your hands and body movement to add meaning to your speech
- Adjust pitch, pace and volume to improve the dynamism of your speech



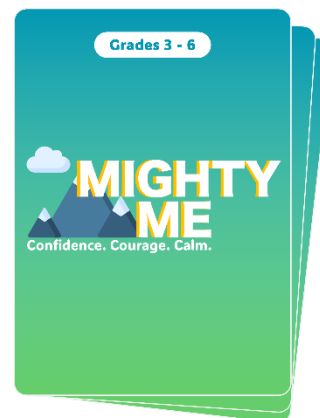
## Resilience (Mighty Me)

Tues • 8:00 – 9:00 am • Yrs. 3-6

### With Connected Learning

New to LEPS this year, these classes aim to strengthen your mind through resilience, empathy and wise choices. Develop strong identities with effective self-talk and gratitude. Students will learn how to:

- Use their body to send signals to the mind & enter the most useful mindset
- Control self-talk by telling true and helpful stories
- Gain perspective and searching for what we are grateful for
- See the world from other people's eyes and the power of kindness
- Develop self-confidence and belief that we worthy of every gift in life
- Identify our circle of influence and recognising that how we respond in the moment is a choice
- Reduce anxiety about the future by planning and being ready to take on challenges
- Learn how to set ambitious goals and create plans to achieve them
- Implement techniques to master self-discipline to get what we want



## Relaxation Arts and Crafts

Mon • 8:00 – 9:00 am • Yrs. K-4

[With Sayoko Burton](#)

Children are naturally creative! This relaxation art and craft class will focus on children's creativity, relaxation and building self-esteem.

Students will create different easy art and craft each week, such as drawing, colouring, pastel art, watercolour art, air dry clay, paper craft, etc. All materials included.

## Coding

Tues • 3:20 – 4:30pm • Yrs. 2-6

[With Code Camp](#)

At our popular after-school coding sessions your child will design games, jam-packed with awesome features including, zombies, invisibility cloaks, and so much more. And then the real fun begins, as we use coding and logic, from drag and drop to JavaScript, to connect all the elements and bring their games to life!

Your child will have their own computer so just bring themselves!

## Art with Kari

Mon • 3.20 – 4.30pm • Yrs. K - 2

Tue • 3.20 – 4.30pm • Yrs. 3 - 6

[With Kari Fourie](#)

We are excited to welcome Kari back to LEPS!

If you've got a little Picasso at home, they'll love this course! Join fine artist Karen Fourie, owner of Art with Kari.

Children will have fun learning the foundations of art and design with this hands on course with many different techniques and mediums will be explored.

It's packed full of creative exercises that help improve fine motor skills and give kids increased confidence through creativity. Students have the chance to let their ideas soar, by taking an initial concept through to final design.

This program is suited for both new and continuing students.

All materials are inclusive.

Please bring an art smock or old shirt.

## Minecraft Mania

Thurs • 3:20 – 4:30pm • Yrs. 2-6

[With StarTime](#)

Over the course of the term students will explore Minecraft as a creative building tool and learn more about the world we live in. From scavenger hunts to using problem-solving skills to mine for raw materials... to learning the basic needs of marine animals as they build an aquarium, and the basic concepts of both architecture and engineering as they plan and build their tree houses. Through our program, students will develop important skills in critical thinking, communication, and teamwork, all while having fun and engaging with Minecraft, an exciting virtual format students adore.



## Sports Drama

Fri • 3.20 – 4.30pm • Yrs. K-4

### [With StarTime](#)

Develop life-skills and confidence

One of our most popular workshop, StarTime's after-school drama program is designed to utilise the benefits of drama such as building confidence and developing essential life skills in primary school students.

Our drama classes have been developed from years of experience teaching thousands of children.

They build confidence and ensure your child shines in a team environment. We provide a dynamic and practical program, delivered in an atmosphere of support and positivity by experienced, professional performers passionate about teaching children and inspiring them to be their best.

Skills Developed:

#### *Public Speaking*

Each lesson children have the opportunity to express themselves vocally, physically and creatively in front of the class. Through our carefully chosen activities, this process becomes fun and natural for even the shyest of children.

#### *Active Listening*

Acting is reacting. All the games in StarTime drama encourage the players to listen and observe what each other is doing and saying, in a fun and engaging way. This enables them to play out scenes and think of dialogue on the spot.

#### *Improvisation and play building*

Learning and solidifying the basics of "making stuff up" on the spot. Through simple but sophisticated theatre games children develop their teamwork and collaborative skills, combining their imaginations to create made-up worlds with fun scenarios.

#### *Vocal*

Breathing exercises, finding your big voice, and articulation games improve vocal confidence, clarity, and dexterity.

#### *Physical Expression*

Getting to know your body and how it can be used to create characters of all types, sizes, and shapes!

#### *Confidence*

Performing to an audience builds confidence and so it becomes second nature.

Term 1 & 3: parents are invited to an open class where the students will display some of the skills and exercises learned during the term.

Term 2 & 4: includes a show at the end of the term for family and friends to enjoy, observe and celebrate the skills and personal growth each of the students has achieved over the term. View video here: <https://vimeo.com/209370704>



## Cross Country Training

Mon • 3.20 – 4.30pm • Yrs. 3-6 •  
Intermediate /zone level • age 10+

Wed • 8:00 - 9:00am • Yrs. 3-6 • Beginner to  
intermediate

### [With Hooked on Running](#)

#### *Beginner class*

Prepare for Cross Country and Athletics season. If you want to reach that next representative level, join this group for speed-endurance, stamina, pacing, and technique work. Lindfield Ovals and surrounding bush tracks to provide a program tailored to meet individual needs according to age, fitness, and experience. Coach Richard Sarkies has been training LEPS students since 2013, along with hundreds of others in the local area, and comes with a level 3 qualification from Athletics Australia. As a guide, participants need to be of at least reasonable level fitness (i.e. can run at an easy pace for at least 15 minutes without stopping) and are keen to improve their running.

#### *Intermediate/zone level class*

If you want to reach that next representative level, join this group for speed-endurance, stamina, pacing, and technique work. Lindfield Ovals and surrounding bush tracks to provide a program tailored to meet individual needs according to age, fitness, and experience. As a guide, participants need to be at an Intermediate level fitness (i.e. have reached **Zone level, or close to**) and are keen to improve their distance running.

*\*\*\*Monday PM: Students to meet at the school's Bottom Gate and they will be walked down to Lindfield Oval. Parents to collect from Tryon oval.*

*\*\*\*Wednesday AM: Students go to Lindfield Oval and the coach will walk the students to school*

## Guitar Lessons

Tue • 8:00 – 9:00am • Yrs. 1-6

### [With Alan Tang Music](#)

These enjoyable and interactive group guitar lessons explore both classical guitar and contemporary guitar playing styles. These lessons aim to teach students basic concepts of chords, rhythm and strumming patterns, with students progressing throughout their lessons to playing songs independently. They are perfectly suited for beginners through to intermediate guitar players. Alan Tang and his team will guide students through a variety of genres, from blues to rock and everything in between!

## Keyboard / Piano Lessons

Wed • 8:00 – 9:00am • Yrs. 1-6

Thu • 8:00 – 9:00am • Yrs. 1-6

### [With Alan Tang Music](#)

These fun, interactive digital piano classes are taught by experienced AMEB teachers, Alan Tang and his team. This course uses the Oxford Piano method and covers a fundamental understanding of musical theory, musical signs and scales. Group digital piano classes are the perfect start for children wanting to learn keyboard however are equally suitable for students who may later want to learn to play other instruments, as the program promotes general musicianship skills. For more experienced student's preparation for the AMEB exams is offered. Student will need to purchase a book for the course: Oxford Method of Ten Fingers for \$30. The tutor may have limited copies for purchase.



## **\*\*NEW\*\*** Singing Lessons

Thu • 3:20 – 4:30pm • Yrs. K-6

[With Alan Tang Music](#)

Tiffany is a passionate and dedicated performer in Music Theatre, currently completing her Bachelor of Music (Performance) at the Sydney Conservatorium of Music. Her musical achievements include the AMEB Associate of Music in Classical Voice (2023), and Grade 5 Music Theory with Distinction (2021).

Tiffany has earned recognition in various competitions, securing Second Place in the Boroondara Eisteddfod Classical Vocal Solo (2023) and Honourable Mentions in the Musical Theatre Solo category (2023). She also received the Best Conductor award for Massed Singing at the MLC Performing Arts Festival (2021) and was named Champion for Grade 8 Singing Solo at The St Cecilia International Music Competition (2019).

Her international performance experience includes notable roles such as Serena in *Legally Blonde* (2023), Mabel in *The Pirates of Penzance* (2019), and Marian in *The Music Man Jr.* (2019). She also participated in the *SIX* the Musical worldwide cast Lockdown Performance (2021) and performed in *Carmen* with Opera Hong Kong and le French May (2018). Tiffany is devoted to teaching and performing, with the goal of inspiring and touching the hearts of her audience.

With her talent and experience, Tiffany is also a patient and dedicated teacher, and will guide her students through different vocal styles. Her passion for music and teaching makes her a versatile and skilled performer and educator.

## Bricks 4 Kidz & Bricks 4 Kidz Robotics –T3 Laws of Motion

Wed • 3:20 – 4:30pm • Yrs. K - 5

[With Bricks 4 Kidz](#)

In Term 3, we will be focusing on The Laws of Motion

We will be focusing on Laws of Motion made famous by Sir Isaac Newton! Terms to be explored include mass and inertia, which provide them with a foundation for understanding concepts they will delve deeper in the years to come. Models include the motorised see-saw, the moving clock and catapult model! BRICKS 4 KIDZ After School workshops build on the universal popularity of LEGO® bricks to deliver a high quality of educational play. Come and join in all the fun of our BRICKS 4 KIDZ After School Workshops with LEGO®! Students will participate in term-long sessions constructing a new and exciting model each week.

BRICKS 4 KIDZ After School workshops build on the universal popularity of LEGO® bricks to deliver a high quality of educational play. Come and join in all the fun of our BRICKS 4 KIDZ After School Workshops with LEGO®!

Students will participate in term-long sessions constructing a new and exciting model each week.

For the advanced kids, we have **Bricks 4 kids Robotics** this term. Up for the challenge? Limited spots only.



## Soccer

Thu • 8.00 – 9.00am • Yrs. 1-2

[With Evergreen Soccer](#)

Our coach, Brendan Dalton, has played football at an international level, holds a current advanced coaching B license and has been coaching for over 16 years at all levels. Classes are designed to help maintain and develop skills, fitness and knowledge of the game. Brendan shows time and again that the best way for kids to learn soccer and get fit is when they're having lots of fun! Classes are for players at all levels. Let's play soccer!

## Chess

Fri • 8:00 - 9:00am • Yrs. K-4 (Kindy welcome from Term 3)

[With Sydney Academy of Chess](#)

Calling all future chess champions! Learn to play chess and get to know all the strategic moves from the experts. Beginners will learn the rules, basic strategies and checkmating patterns. Intermediate players will be taught tactical patterns, openings, endgames and strategical concepts. Each chess student will gain access to Chess Squad an online teaching/playing platform. Students can log into the website and practice skills taught in the lesson, play games against the computer or other students.

## Ballet and Broadway Jazz (Girls only)

Wed • 3.20 - 4:20pm • Yrs. K-3

[With My Fitness](#)

A really fun energetic Dance class for the girls! The first half of the class will teach classical ballet technique and footwork to build foundational dance skill; the second half of class will focus on Broadway Jazz style, developing stylish movement, rhythm and stage performance and confidence. Your child will develop dancing skills and have fun at the same time! There will be a short performance by the students at the end of every term.

*Please bring a pink/soft colour ballet leotard, ballet leggings, dance tutu and soft ballet shoes.*

[\*\*Click here to visit our website\*\*](#)

[www.lepsandc.asn.au/creativeworkshops](http://www.lepsandc.asn.au/creativeworkshops)



## Terms and Conditions

1. All courses are pending class numbers. This will be confirmed up to two working days prior to the course starting, however your enrolment in the course is confirmation of your booking and there are no change of mind refunds for bookings. If a course does not run, your account will be credited for the amount of the course. ALWAYS check the P&C website before the commencement of the term. Visit <https://lebspandc.asn.au/creativeworkshops> for class update as all classes can be subject to change.
2. Hardcopy and electronic programs may at times not be up to date. Please check website or contact [lepscactiveworkshops@gmail.com](mailto:lepscactiveworkshops@gmail.com) for the most recent scheduling.
3. Please choose carefully as NO REFUND will be provided unless classes are cancelled by Creative Workshops.
4. Enrolments are taken on a first in first served basis as numbers are limited in all programs, so please book early to avoid disappointment.
5. All bookings will incur a Trybooking 2.5% processing fee.

**Note the enrolment conditions at the time of booking. All details including special needs, medical and known allergies and emergency contacts must be completed at the time of booking.**

6. Your child is welcome to try any classes (age appropriate) in the first week for free (EXCEPT tennis and Bricks4kids). If you do decide to enrol your child after the first week, you will be charged the full term fee.
7. Location - All classes take place at Lindfield East Public School and off site as specified.
8. Drop off and pick up - All students attending the programs at the school should enter via main gate.
9. Timing- please ensure participants arrive, sign in / out. Students shall not be left unattended. **PLEASE ENSURE STUDENTS ARE COLLECTED ON TIME.** Creative Workshops run from 8.00-9.00am, 3:20-4:20pm, 3.20-4.30pm or 4.30-5.00pm. Program hours are to be **STRICTLY** adhered to.
10. A late fee is payable for all late collections. The first 10 minutes will be free of charge and the amount of **\$25** will be charged after that. If you are running late, please organise a friend's parent, family member or carer to collect your child. If this is not possible, please phone your child's tutor as soon as possible. Out of respect for our tutors who are required to stay with your child until you collect them, we ask that you take all steps to ensure that you do not arrive late.
11. What to bring - A list of what to bring is outlined under each specific program, however all participants are to wear their school uniforms or appropriate clothing and a hat when outside. All participants must bring their own snacks and drinks.
12. Creative Workshops reserves the right to terminate any enrolment if the student behaved in such a way as to pose a danger, whether actual, perceived or threatened, to the health, safety or wellbeing of any person and to the program.
13. Make up classes: No makeup classes for students who miss a class/es during term.
14. Creative Workshops is a registered Creative Kids provider and the following courses have been deemed eligible: *Keyboard/Piano Lessons; Guitar and Bass Lessons, Dance, Bricks4Kidz, Public Speaking, Singing, Coding, Minecraft engineers, animation, Impro Sports Drama and iStar Film Making.* At the time of booking provide your child's full name (as it appears on the voucher); Date of Birth and Creative Kids voucher number. Please see [www.service.nsw.gov.au](http://www.service.nsw.gov.au) for further details.
15. For class locations, please see Creative Workshops Timetable which can also be found on [HERE](#)

*For the full terms and conditions and latest update on class cancellations, check out the newly upgraded [P&C website](#) or contact [Creative Workshops](#)*

---